The ABC System allows you to customize the table to your client’s needs.

The cushion is adjusted to a comfortable level allowing great support with less pressure.

The adjustable cushion also offers a great head support for both men & women.

This position is very comfortable for short periods of time and creates a great stretch.
TO SET-UP THE TABLE:
Place the folded table sitting on the rubber bumpers. With the heel of your hand, bump the UniLock™ tab between the face rest outlets and the table will open. Open the table up until the legs are fully extended.

When the table is fully opened, use your foot as a brace on one of the leg extensions. Using the handle, tilt the table upright until all four feet are on the floor. Lift one end of the table, press down on the middle and tension the cables a little.

CAUTION: Make sure the cables are slightly tensioned before getting on the table.

FOOT PUMP & HAND VALVE PLACEMENT:
Place the foot pump on the floor below the table but within easy reach of your foot. Run the tube to the hand control through the table handle to insure it is easy to reach.

Check for and remove any kinks in the tubing system.

TO CHANGE THE TABLE HEIGHT:
When the table is set up, the height should be adjusted to the proper working height for the therapist. Once this is determined, adjust the legs accordingly. Choose the hole that represents the desired height. After removing the knob, put the bolt through that hole. Replace and tighten the knob by hand until snug. Repeat on all other leg extensions, setting all extensions at same height.

SHIATSU CABLES
1. With the table on its side, remove the wing nut from the bolt and remove long brace, cable and washers from the short brace. Reassemble them without the cable. Repeat on the second wing nut.
2. Turn the Unilock™ clasp to the side.
3. Fold the legs against the underside and lay the table down flat on the floor.

CAUTION: Shiatsu Cables must be installed as shown when using table in normal height ranges.
CLIENT COMFORT - POSITIONING TIPS

ADJUSTING THE LEVEL OF THE ABC PLATFORM:

Your ABC System works well under a fitted sheet. Start with the platform level with all clients and slowly lower by partially releasing the thumb valve for a few seconds at a time. A little goes a long way! Generally the best position offers some support. If you go too far, just make sure the thumb valve is closed and use the foot pump to slowly raise the platform back up. Check in with the client after a few minutes to see if any adjustment is needed.

To raise the height of the platform, be sure the thumb valve is closed by rolling the tension roller towards the end of the tube. Pump the foot pump slowly to raise the platform. If the platform is tilted, you can easily level it with your hand. To lower the platform, open the thumb valve by rolling the tension roller away from the end of the tube. To maintain height be sure the hand valve is closed by rolling the tension roller towards the end of the tube.

ATTACHING THE FACE REST

To attach the Adjustable face rest, insert the dowels into the holes on the end of the table. Wrap the Velcro® strip that is attached to the table around the horizontal bar on the face rest as shown to secure into place. Attach crescent to top of platform. Follow face rest instructions to adjust further.

THE ABC SYSTEM CAN BE USED FOR PRONE OR SUPINE POSITIONING FOR BOTH MEN & WOMEN

The ABC system is designed to accommodate any size client comfortably and with no fuss. The system is designed to be used with sheets.

Great as an adjustable head support for treatments where the client is on their back (supine). Slowly raise the platform above level until the client is comfortable.

This position is very comfortable for short periods of time and creates a great stretch. The head rest crescent pad should be turned around to act as a good neck support.

CAUTION: Do not press hard on the foot pump. It should take very little pressure to lift your client.

Check to make sure no tubes are kinked or constricted as you can damage your foot pump if too much pressure is applied.

Start with the platform level and use the foot pump to slowly lift the person off the table. Do not overinflate! Lifting a person too much can be uncomfortable, generally a couple of inches is plenty.
PACKING UP YOUR TABLE

Turn the table on its side with the rubber bumpers down. Store the face-rest, crescent and foot pump under the table as shown.

Open the hand control valve and be sure there are no kinks in the tube system so that any extra air can escape the bladder when deflated.

Partially close the table top. Fold the legs into the table and make sure the cables are inside of the table and that no tubes are being pinched. Push the two halves of your table together until you hear the click of the UniLock™.

To protect your table during travel or storage, insert your table into the carry case.

MAINTENANCE & TROUBLESHOOTING

The ABC system is designed to require no maintenance and offer years of service. The components in the system are all easily replaced if there is a problem.

IF THE FOOT PUMP IS NOT LIFTING THE PLATFORM:

Be sure the thumb valve is closed.

Be sure there are no kinks in the tube.

IF THE PLATFORM DOES NOT HOLD ITS POSITION:

It is possible there is a leak in the system. Check the hoses for holes, make sure the connections are tight, and listen for air leaks when the system is pumped up to its capacity.

Note: there is a small amount of air leakage expected in this system, it is not designed to hold it’s position for extended periods of time. Just add a little air via the foot pump when needed.

IF THE PLATFORM DOES NOT SEEM LEVEL:

The platform is designed to tilt and accommodate breasts of different sizes. When using as a head support, you may need to guide it with your hand.

CLEANING:

The ABC system features an inflatable bladder located in a sewn bag. The bag may be cleaned with a damp cloth if needed.

We recommend cleaning your upholstery fabric with a mild detergent to protect it against oil stains and dirt which will cause cracking and permanent stains over time. Household products you can use include a 4:1 diluted solution of 409® cleaner, Fantastik® or any non-abrasive with a non-alcohol content. Products with a high alcohol content, when used over time, will dry and eventually crack your upholstery fabric.

REplacement PARTS:

Replacement parts are available thru Oakworks. Call customer service if needed. 800.558.8850