The ABC System allows you to customize the table to your client’s needs.

The platform cushion is adjusted to a comfortable level while the client is on the table.

The adjustable cushion also offers a great head support.

This position creates a great stretch.
GETTING TO KNOW YOUR TABLE

The cushion which you rest upon is a padded platform and it is attached to an inflatable bladder. The flexible cushion offers sternum support. The inflatable bladder allows you to change the height over a large range and is attached to a hose system. It sits inside a sewn bag which supports the bladder.

ADJUSTING THE HEIGHT OF THE CUSHION

The height of the cushion is electrically controlled by two hand valves.

TO LOWER THE CUSHION
Press the left hand valve up.
This opens the bladder and allows air to escape. Air is released automatically by the weight of the client or by pressing down slightly on the cushion with your hand.

TO RAISE THE CUSHION
Press the right hand valve up.

ATTACHING THE FACE REST

Use of the special face rest platform with shortened dowels requires attachment with a Velcro® support strap to insure the face rest does not pull out. To attach the Adjustable face rest, insert the dowels into the holes on the end of the table. Wrap the Velcro® strip that is attached to the table around the horizontal bar on the face rest as shown to secure into place. Attach crescent to top of platform. Follow face rest instructions to make further adjustments.

CAUTION: Do not over inflate the bladder. Over inflation will damage the bladder.
MAXIMUM HEIGHT OF PAD ABOVE TOP = 5 INCHES
USE WITH TABLE WARMER & SHEETS

If you use a fleece warmer, you can stop short of the ABC cushion, or you could cover it. For some larger clients you may find having it uncovered is best.

Your ABC System works well under a fitted sheet.

USING YOUR ABC SYSTEM

THE ABC SYSTEM CAN BE USED FOR PRONE OR SUPINE POSITIONING FOR BOTH MEN & WOMEN

PRONE POSITION

Start with the ABC cushion level with the top of the table. If the cushion is tilted, you can easily level it with your hand. Raise your face rest platform up to a height and angle that insures the head and neck are supported in a way so that the neck does not hit the table. When your client lies down, make sure the neck is over the lowered part of the table, and there is no pressure on the neck.

Release air very slowly by pressing the “down” hand valve for a few seconds at a time. A little difference in height is all that is necessary to create a very comfortable fit.

If you lower the cushion too far, use the “up” hand valve to slowly raise the cushion back up. Check in with the client after a few minutes to see if any further adjustment is needed.

SUPINE POSITION

Start with the ABC cushion level with the top of the table. Your client can put their head on the cushion. Use the “up” hand valve to raise the cushion to a comfortable height.

STRETCH

The platform can also be used to create a great stretch. First, reverse the face rest crescent on the platform, creating cervical support. Have your client position themselves with their head on the head support and their upper back on the ABC cushion.

You can now get a great stretch and better mobilization of the shoulders. Use the “up” hand valves to raise the cushion, increasing the stretch. Do not over inflate. Lifting a person too much can be uncomfortable.
MAINTENANCE & TROUBLESHOOTING

The ABC system is designed to require no maintenance and offer years of service.

CLEANING:
The ABC system features an inflatable bladder located in a sewn bag. The bag may be cleaned with a damp cloth if needed. Simply lift the bladder out of the bag.

We recommend cleaning your upholstery fabric with a mild detergent to protect it against oil stains and dirt which will cause cracking and permanent stains over time. Household products you can use include a 4:1 diluted solution of 409® cleaner, Fantastik® or any non-abrasive with a non-alcohol content. Products with a high alcohol content, when used over time, will dry and eventually crack your upholstery fabric.

IF THE ABC CUSHION DOES NOT SEEM LEVEL:
The cushion is designed to tilt and accommodate breasts of different sizes. When using as a head support, you may need to guide it with your hand.

IF THE ABC CUSHION DOES NOT RAISE:
Make sure the pump is plugged in to the AC Voltage outlet and there are no kinks in the hoses.

IF THE CUSHION DOES NOT HOLD ITS POSITION:
Check the hoses for holes, connections are tight, and listen for air leaks when the system is pumped up to its capacity.

Note: there is a small amount of air leakage expected in this system, it is not designed to hold it’s position for extended periods of time. Just add a little air via the “up” hand valve when needed.

REPLACEMENT PARTS:
Replacement parts are available thru Oakworks. Call customer service if needed. 800.558.8850

Oakworks®

Oakworks®, Inc.
923 East Wellspring Rd.
New Freedom, PA 17349
Phone: 717.235.6807
FAX: 717.235.6798

www.oakworks.com

NOTE: Oakworks® is not liable for injuries or damages sustained when table is not used in the manner prescribed.