USER MANUAL

OAKWORKS®

Clinician Adjustable

4-Section Lift-Assist Salon Top
Shown with optional Storage Cabinet

2-Section Lift-Assist Backrest Top

1-Section Flat Top

www.OAKWORKS.com · 717.235.6807
Notice

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OAKWORKS®, Inc. encourages requests for technical specifications and the like documentation to ensure accuracy. The appropriate documentation is available upon request.

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PRODUCT USE DESCRIPTION / IMPORTANT SAFETY INSTRUCTIONS

PRODUCT USE DESCRIPTION

The Oakworks Clinician Adjustable offers a variety of positioning capabilities for massage therapists and spa professionals of all specialties. On these multifunctional professional tables the practitioner can perform numerous protocols with ease and comfort. The Clinician Adjustable is especially effective when professional protocols require specific positioning for the client. While the client receives comfortable, relaxing support, the comfort level of the therapeutic professional is enhanced by superior ergonomics.

It is intended to be operated by Massage Therapists in a professional environment. No special training is required but a review of the following Safety Instructions is important for the safety of the operator and client. The massage professional should read and understand this entire manual before use with a client. There are no known contraindications to the use of this equipment.

The Clinician Adjustable should not be used in any other manner than that described within this manual. Use of any unnecessary force or unauthorized procedures could result in injury to practitioner, client or equipment.

SYMBOL IDENTIFICATION

This symbol, when used in this manual or on product labels, indicates the date of manufacture of the device.

This symbol is used to indicate that the operator should consult the user manual.

IMPORTANT SAFETY INSTRUCTIONS

The Table is designed to be a stand-alone table. This table must not be modified or incorporated into any other equipment.

As with any moving mechanism there are potential pinch points around and underneath the table. It is the responsibility of the operator of this equipment to insure that bystanders are not in the area below or around this equipment during operation.

Proper operation of this equipment is very important for the safety of the operator, client, and any other individuals in the area of this equipment. Directions for use of this equipment are described in this manual. The operator should read these sections carefully.

Weight Limit: (client and accessories) 500 lbs. (227 kg) Do not exceed.

Be certain that the table is completely lowered without any tilt being present prior to discharging an ambulatory client. The client may lose balance and fall.

This table is not suitable for use in the presence of flammable anesthetic mixture with air or oxygen or nitrous oxide.

Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

Do not lift table by the table top. This can damage the table.

When lowering the table, make sure there is nothing underneath the table top that can impede motion (like stools, cabinets, accessory parts, cleaners, etc)

Use this furnishing only for its intended use as described in these instructions. Do not use attachments not recommended by the manufacturer.

Close supervision is necessary when this furnishing is used by, or near children, invalids, or disabled persons.
**PRODUCT DESCRIPTION**

**Clinician Adjustable 4-Section Lift-Assist Salon**

**STANDARD SPECIFICATIONS**

<table>
<thead>
<tr>
<th>Motion</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motion 1</td>
<td>Adjustable 26&quot;-37.5&quot; Height Range</td>
</tr>
<tr>
<td>Motion 2</td>
<td>Manual 0-80º Backrest</td>
</tr>
<tr>
<td>Motion 3</td>
<td>Manual 0-30º Foot Rest</td>
</tr>
<tr>
<td>Table Capacity</td>
<td>500 lbs. (227 kg.) (client and accessories)</td>
</tr>
<tr>
<td>Widths</td>
<td>29&quot; (74 cm.), 31&quot; (79 cm.), or 33&quot; (84 cm.)</td>
</tr>
<tr>
<td>Length</td>
<td>73&quot; (185 cm.)</td>
</tr>
<tr>
<td>Padding</td>
<td>4&quot; (10 cm.) or 6&quot; (15 cm.) Aerocel Foam™</td>
</tr>
<tr>
<td>Table Weight*</td>
<td>115 lbs. (52 kg)</td>
</tr>
</tbody>
</table>

**OPTIONS**

- Wood Finishes
- Sliding Door Storage Cabinet

**ACCESSORIES**

- QuickLock Face Rest
- Boiance Shelf Support
- Side Arm Rest

*Shown with optional Storage Cabinet w/ Sliding Doors*
PRODUCT DESCRIPTION

Clinician Adjustable
2-Section Lift-Assist Backrest

STANDARD SPECIFICATIONS

<table>
<thead>
<tr>
<th>Motion 1</th>
<th>Adjustable 26”-37.5” Height Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motion 2</td>
<td>Manual 0-80º Backrest</td>
</tr>
<tr>
<td>Table Capacity</td>
<td>500 lbs. (227 kg.) (client and accessories)</td>
</tr>
<tr>
<td>Widths</td>
<td>29” (74 cm.), 31” (79 cm.), or 33” (84 cm.)</td>
</tr>
<tr>
<td>Length</td>
<td>73” (185 cm.)</td>
</tr>
<tr>
<td>Padding</td>
<td>4” (10 cm.) or 6” (15 cm.) Aerocel Foam™</td>
</tr>
<tr>
<td>Table Weight*</td>
<td>110 lbs. (50 kg)</td>
</tr>
</tbody>
</table>

OPTIONS

- Wood Finishes
- Sliding Door Storage Cabinet

ACCESSORIES

- QuickLock Face Rest
- Boiance Shelf Support
Clinician Adjustable 1-Section Flat Top

### STANDARD SPECIFICATIONS

<table>
<thead>
<tr>
<th>Motion 1</th>
<th>Adjustable 26&quot;-37.5&quot; Height Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Table Capacity</td>
<td>500 lbs. (227 kg.) (client and accessories)</td>
</tr>
<tr>
<td>Widths</td>
<td>29&quot; (74 cm.), 31&quot; (79 cm.), or 33&quot; (84 cm.)</td>
</tr>
<tr>
<td>Length</td>
<td>73&quot; (185 cm.)</td>
</tr>
<tr>
<td>Padding</td>
<td>4&quot; (10 cm.) or 6&quot; (15 cm.) Aerocel Foam™</td>
</tr>
<tr>
<td>Table Weight*</td>
<td>105 lbs. (47 kg)</td>
</tr>
</tbody>
</table>

### OPTIONS

- Wood Finishes
- Sliding Door Storage Cabinet
- QuickLock Face Rest
- Boiance Shelf Support

### ACCESSORIES
TABLE ASSEMBLY

STEP 1
Place the table top upside down on the floor.

STEP 2
Each leg has a number by the top bolt that corresponds with a number on the inside corners of the table top. (Excluding non-cabinet versions of the Flat top and Back Rest top tables. These legs are universal.) Pick any leg and match the number. Place the top leg bolt through the metal corner bracket (note – if you have an adjustable leg section, it may be necessary to raise the leg section to install the leg). Attach washer and nut and tighten this bolt using the supplied wrench or your own ½” socket wrench. Install one leg only.

STEP 3
Place the shelf upside down on top of the table top. Lift the corner of the shelf and place the bottom leg bolt through the metal corner bracket of the shelf. Place a flat washer and nut on the bolt and hand tighten only.
STEP 4
Find the leg for the opposite corner (match the number). Lift the shelf and insert the 2 leg bolts through the 2 metal corner brackets. Place a flat washer and nut on each bolt and turn the nut into position with the wrench, but do not completely tighten.

STEP 5  Non-Cabinet models only
Repeat Step 4 for each of the remaining legs. Match the number (Excluding non-cabinet versions of the Flat top and Backrest top tables. These legs are universal). Hand tighten the bolts. After the last leg is installed tighten all 8 bolts. Table assembly is now complete. Turn table right-side up and proceed to directions for use.

STEP 5  Cabinet models only
Locate the 3rd leg (match the number), correct end panel (note that there is a large and small end panel) and one set of doors (note – Top of doors is marked with a “T” on the back side. The front door is marked with an “F” and the rear door is marked with an “R”.

Insert the 1st set of doors into the tracks and slide towards the center of the table (make sure the “T” is towards the fabric top). Keep light downward pressure on the shelf to hold the doors and end panel in place.
Install end panel - Place correct end panel against previously mounted leg (locate end of panel between pins and leg flange).

Hold the leg and insert the 2 leg bolts through the 2 metal corner brackets. You may need to wiggle leg and maybe tap lightly into the final position. Also note that the small angle bracket mounted on the leg fits on the plastic track. Place a flat washer and nut on each bolt and turn the nut into position with the wrench, but do not completely tighten. Repeat this procedure for the last leg.

Tighten the top bolt on all 4 legs (bolt nearest the fabric). Check that doors all slide easily. If they slide easily, then tighten the 4 leg nuts located on the shelf. If the doors do not slide easily then lift up slightly on the shelf to produce a small gap between shelf and edge of doors, then tighten the leg shelf bolt. Table assembly is now complete. Turn table right-side up and proceed to directions for use on next page.
DIRECTIONS FOR USE

LIFT-ASSIST BACKREST ADJUSTMENT

CAUTION Do not sit on the backrest section.

TO RAISE THE BACKREST
Raise the backrest by pressing the lever under the head section and lifting up to the desired height. It is recommended that clients take some of their weight off the backrest while you lift.

TO LOWER THE BACKREST
Press the lever under the head section and push the backrest down.

LIFT-ASSIST LEG REST ADJUSTMENT

TO RAISE THE LEG REST
Raise the leg rest by pulling the lever on the side of the leg section and raise to the desired height. It is recommended that clients take some of their weight of the leg rest while you lift.

TO LOWER THE LEG REST
Pull the lever on the side of the leg section and push the leg section down. Release the lever once the leg rest is at its desired location and the leg section will stay in place.

TO CHANGE POSITION OF THE LEG REST LEVER
The leg rest lever can be moved to the opposite side of the table. First, remove the screws from the lever and replace the screws. Move the lever to the opposite side of the table. Remove the screws that are there and mount the lever.

TO CHANGE POSITION OF THE BACKREST LEVER
The back rest lever can be moved to the opposite side of the backrest by removing the screws and relocating the hand lever to the opposite side of the top into the four pre-drilled holes.
DIRECTIONS FOR USE

MOVING THE TABLE

![Table image]

The table weighs as much as 115 lbs. (52 kg.) Never lift the table by grasping the table top. You could damage the table. Two people are required to move the table safely. Do not use the table to transport a client.

When moving the table, place one person at each end of the table. Have each person firmly grasp the base at the bottom and lift the table. Be aware and use proper, safe procedures for moving a table of this size to prevent injury to yourself or the table. We strongly recommend that a flatbed dolly be used that can hold the entire table when moving the table long distances.

TABLE LEVELING INSTRUCTIONS

1. Place the table in the location where you plan to use it.

2. Rock the table to determine if it is level with the floor. If the table rocks back and forth at all, the foot that clears the floor when you rock the table will need adjustment.

3. Adjust the Leveler Foot by first loosening the locking nut found just above the rubber Leveler Foot with the 1/2” open-end wrench.

4. Lower the adjustable rubber Leveler Foot until it meets the floor snugly. Tighten the locking nut against the leg of the table with the 1/2” open-end wrench to fix the Leveler Foot in position.

5. Rock the table again to be sure adjustments have stabilized the table. If necessary make any additional adjustments in the same way.
DIRECTIONS FOR USE

REMOVING TOP PAD

The top pad has been designed to be easily removable and replaceable with no tools needed.

TO REMOVE THE TOP PAD:
The top pad is attached to the platform with 8 thumb screws located below the platform as shown.

1. Unscrew the thumb screw clockwise until the thumb screw is completely removed. Repeat for all 8 thumb screws. If the thumbs screws are on too tight, a 5/32" bit can be used.

2. Lift top pad off the platform.
DIRECTIONS FOR USE

QuickLock™ FACE REST: (ACCESSORY OPTION)

CAUTION

- QuickLock Face Rest Weight Limit - 25 lbs (11.3 kg)
- Do not put excessive weight or pressure on the Face Rest.
- Excessive pressure can cause premature failure of the Face Rest.

Double articulating action provides nearly limitless positioning options with the QuickLock™ Face Rest. The adjustable pad takes pressure off sensitive facial areas while providing superb support. The QuickLock™ Face Rest can be used in both prone and supine positioning and folds out of the way when not in use. Adjustments are made easily by loosening the cam locks, adjusting for height and angle and then locking locks into that position. The table has a bracket at the head of the table for a variety of uses.

ATTACHING QUICKLOCK FACE REST:

When attaching the QuickLock™ Face Rest, slide the frame dowels into the bracket until bullet catches are snapped into place.

To remove the QuickLock™ Face Rest, gently pull the headrest by the dowels until it comes free. Set it safely aside or store it inside the under-table cabinet until needed.

TIPS FOR GREAT POSITIONING USING THE QUICKLOCK™ FACE REST:

To use the face rest with your clients supine, rotate the face rest pad so that the thick part of the pad supports your client’s cervical region. Adjusting the height and angle of the face rest gives your clients perfectly comfortable support.

The face pad is flexible so that you can bring the open ends together or spread them apart to achieve the most comfortable support for any size face. To avoid your client’s chin from hitting the spacebar, make sure the pad is narrow enough to support their whole face.

For appropriate cervical flexion, use the cam locks to adjust the downward angle of the face rest, making sure that the surface of the face rest pad at the chin is not lower than the surface of the table.
DIRECTIONS OF USE

ADJUSTABLE SIDE ARM RESTS (ACCESSORY OPTION - SALON ONLY)

CAUTION: Do not use the arm rest for client support during the mounting or dismounting of the chair. The arm rest is not designed to support the client’s weight.

TO INSTALL THE ARM RESTS:
The Arm Rests adjust automatically as the back rest moves to remain parallel to the floor.

1. Insert end of arm rest into backrest hole while holding the arm rest at a 60° angle to the backrest.
2. Push end all the way into the hole and drop the arm rest into the horizontal position. Pull outward to make sure the arm rest is secure.

TO LEVEL THE ARM RESTS:
The Arm Rest height is adjusted at the factory for each table. If the armrest starts to sag with repeated use, follow the steps below to readjust.

1. Loosen the bottom 2 set screws.
2. Turn the side set screw (clockwise to raise or counter-clockwise to lower) while adjusting the arm rest. Lift the arm rest slightly when doing this adjustment to reduce the weight.
3. Tighten the two bottom set screws to lock the position.
DIRECTIONS OF USE

BOIANCE SHELF SUPPORT: (ACCESSORY OPTION)

⚠️ CAUTION ⚠️
- Boiance Shelf Support Weight Limit - 25 lbs (11.3 kg)
- Do not put excessive weight or pressure on the Boiance Shelf Support.
- Excessive pressure can cause premature failure of Boiance Shelf Support.

USING THE BOIANCE SHELF SUPPORT:
The shelf and bracket used together allow you to create the perfect place for clients’ arms. The shelf can also be used alone as a table extender for additional head support.

Note: The QuickLock Face Rest is required to use the boiance shelf support system.

TO INSTALL THE BOIANCE SHELF SUPPORT:
First install the QuickLock Face Rest at the head end of the table.

For Arm Rest Usage:

1. Position bracket underneath QuickLock.
2. Hook bracket onto center support beam on the QuickLock.
3. Lower the bracket down. Make sure bracket is engaged with the dowels on the side of QuickLock.
4. Slide shelf onto bracket. The top track works best for this application.

For Head Support and Table Extender Usage:

1. Remove face rest from QuickLock.
2. Slide QuickLock into the tracks. Top track is best for 4” foam and bottom for 6” foam.
CLEANING & DISINFECTION

RECOMMENDED CLEANERS/DISINFECTANTS

Reference the Recommended Cleaners and Disinfectant list (MMINML0008-EN) that came with the table. This information can also be found at www.oakworksmed.com under product information.

All cleaners and disinfectants have the ability to degrade the upholstery to some extent. However, following the recommended cleaner and disinfectant list and cleaning process will provide the best care for your table and support a long product life.

OAKWORKS® recommends a prepackaged wipe for cleaners/disinfectants to ensure best distribution of disinfectant for the required kill time, without leaving excess residue and/or overexposing components therefore minimizing the potential for damage to materials. Please read and follow disinfectants manufacturers’ directions for cleaning and disinfection.

OAKWORKS® does NOT recommend the use of cleaners/disinfectants containing Hydrogen Peroxide, Acetic Acid, or Phenolics. These chemicals can cause damage to the appearance and/or material integrity of various components. Also, while the recommended cleaners/disinfectants list includes products containing Quaternary Ammonium compounds (“quats”), not all products containing quats are approved for use. Some contain additional detergents and/or surfactants which can damage some materials.

A note on Bleach: While a 10% sodium hypochlorite (household bleach) solution (EPA No.: 5813-100 or equivalent) can be an effective disinfectant and is dilute enough to be benign to most materials, it alone is not an effective cleaner and a separate product must be used for the initial cleaning steps of the procedure. Because of possible chemical incompatibilities between various cleaning products and bleach, utmost care must be taken by the user to avoid potential exposure to harmful or toxic by-products of the combination. Also, because bleach leaves a potentially corrosive residue as it evaporates, it must be rinsed with clean water after disinfection.

Use of non-approved cleaners or disinfectants may lead to damage to upholstery and other materials found on the table and will void the warranty.

CLEANING PROCESS

Follow the cleaners/disinfectant manufacturers’ directions for use. Please note that cleaning and disinfecting an OAKWORKS® table is a two part process. First it must be cleaned of any visible soil, then it can be disinfected. OAKWORKS® recommends that the table be positioned in the flat position during the cleaning process. Please follow this procedure for best results:

1. Using an approved cleaner or mild liquid soap and water, clean any visible soil off of the table, working from the top to the bottom of the table. It is recommended that the upholstery be cleaned at least once a week to prevent disinfectant build up.
2. Rinse with clean water and dry with a clean cloth or towel.
3. Using an approved disinfectant, thoroughly disinfectant all surfaces of the tabletop and any high-contact areas such as handles, handsets, etc., making sure they remain wet for the disinfectant manufacturer’s recommended contact time. Do not allow disinfectant to pool on the upholstery after the recommended contact time.
4. Wipe off any excess liquid with a cloth or towel and clean water.
5. Dry all surfaces with a clean cloth or towel.

Avoid using writing instruments or other similar instruments around the upholstery as it can cause permanent staining. If this does occur, do not wipe with an alcohol based cleaner. Instead, blot the stain with a clean cloth/ paper towel. Use a 10% bleach dilution to remove the stain. Follow this with a rinse of clean water.
INSPECTIONS / WARRANTY / MODEL NUMBER & SERIAL NUMBER

**INSPECTIONS**

**RECOMMENDED REGULAR INSPECTIONS** (monthly or local standard)
- Visually inspect components for obvious damage that could cause problems during operation.

**RECOMMENDED PERIODIC INSPECTIONS** (yearly or local standard)
- Visually inspect components for obvious damage that could cause problems during operation.
- Check that all fasteners are present and fastened securely.
- Clean unusual buildup of dirt on the table and/or parts of the table not normally cleaned on a regular basis.
- Check for tears or cracks in the upholstery.

**WARRANTY**

View complete warranty details at www.oakworks.com

**MODEL & SERIAL NUMBERS**

The model number and serial number are located on the underside of the foot section of the table top.

Model Number

Serial Number

Model and Serial numbers always start with a letter.
## ENVIRONMENTAL CONDITIONS

<table>
<thead>
<tr>
<th>Conditions</th>
<th>Temperature</th>
<th>Humidity</th>
<th>Atmospheric Pressure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal Use</td>
<td>50° (10°C) to 104° (40°C)</td>
<td>20% to 60% RH</td>
<td>98 to 105 kPa</td>
</tr>
<tr>
<td>Storage &amp; Transport</td>
<td>-20° (-29°C) to 135° (57°C)</td>
<td>20% to 95% RH</td>
<td>98 to 105 kPa</td>
</tr>
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</table>

## CABINET DIMENSIONS

<table>
<thead>
<tr>
<th>Total Inside Dimensions:</th>
<th>53” L x 21” W x 10” H</th>
<th>135cm L x 53cm W x 25cm H</th>
</tr>
</thead>
<tbody>
<tr>
<td>Opening Dimensions:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Head End</td>
<td>26” L x 10” H</td>
<td>65cm L x 25cm H</td>
</tr>
<tr>
<td>Foot End</td>
<td>24” L x 10” H</td>
<td>61cm L x 25cm H</td>
</tr>
</tbody>
</table>